



# AN ENROLLMENT LETTER EXAMPLE

My dear Jasmine,

I feel uneasy talking to you about my feelings so I thought I would write a letter to let you know what is going on inside me.

Our marriage is very important to me and I feel like we have been stuck in a comfortable rut and I am looking for a way to move past this and grow together into a deeper connection.

You are very special to me and I want you to feel emotionally safe with me and I can see that my pressing you for closeness is only pushing you further away.

I am at a point where I do not know where to go from here. I would like to ask you to reflect on some questions and respond to me either in person or in writing if that is more comfortable for you.

In an ideal world, how would you like our relationship to be? Are you happy the way it is for now? What would you like to change about our relationship to make it a great marriage?

I have to let you know that it is becoming more and more stressful for me to keep things as they are rather than moving in a direction of either growing closer or moving apart, so I would like us to at least make a choice together on this.

Please understand that I want to know you better. I want to accept you so you can have the love you deserve from both me and God.

Love,

Mike